

# NBP ATHLETICS

*All you need to know about North Broward Prep Athletics!*



## Team of the Week - Varsity Cheerleading

The NBP Varsity Cheerleaders gave back to the community and helped "Beat ALS" this past Saturday, October 21, 2017, as they participated in their Third Annual Miami-Dade Walk to Defeat ALS at Tropical Park. The ladies took their spot in front of the DJ stage and helped to kick-off the event by dancing and leading the crowd in cheers and warm-ups. They created a pathway and supported the walkers as they began, and ended, their journey to help raise awareness and SLAM ALS. The ladies have been actively involved with the ALS organization for the past couple of years, previously joining forces with the NBP football and dance teams to create a video for the global online challenge, SLAM ALS, to help promote ALS Awareness Month. The ladies will once again Rep the Prep when they kick-off both the Broward and Palm Beach ALS walks in early 2018.

# ATHLETES OF THE WEEK

## *Ethan "The Dolphin" Di Egidio*

*(Swim - 11th Grade)*

This week's male high school Athlete of the Week goes to Ethan "The Dolphin" Di Egidio. "The Dolphin" glided through the water on Friday in the 2017 District Swim Meet. "The Dolphin" swam with ease clinching a spot to compete in the Regional Meet this Friday as an individual in the 100 Breast and 200 IM. Ethan also was part of the 200 Free Relay Team that will be moving on as well. Great job Ethan!



## *"Fearless" Francesca Smith*

*(Swim - 10th Grade)*

This week's female high school Athlete of the Week goes to "Fearless" Francesca Smith. "Fearless" Francesca had a scary good Friday last week! She confidently qualified for the FHSA Regional Meet in the 200 Free and the 200 Medley Relay by posting a great time at the District Meet at Nova Southeastern University. We look for Francesca to be "Fearless" again this Friday at Regionals!



# WINTER SPORTS TRYOUT/START DATES

### **BOYS MIDDLE SCHOOL SOCCER**

Wed, Oct. 25: 3:00pm - 4:30pm  
Fri, Oct. 27: 4:00pm - 5:30pm  
NB Baseball Field  
Contact: dido.balla@nbps.org

### **GIRLS VARSITY BASKETBALL**

Mon, Oct. 30 & Tue, Oct. 31  
4:00pm - 6:00pm  
Global Wellness Center Gym  
Contact: shelbie.palmer@nbps.org

### **BOYS VAR, JV & 9TH BASKETBALL**

Mon, Nov. 6 & Tue, Nov. 7  
6:00pm - 8:30pm  
Global Wellness Center Gym  
Contact: casey.wohlleb@gmail.com

### **BOYS VAR, JV & 9TH BASKETBALL**

Mon, Nov. 6 & Tue, Nov. 7  
6:00pm - 8:30pm  
Global Wellness Center Gym  
Contact: casey.wohlleb@gmail.com

### **GIRLS MIDDLE SCHOOL SOCCER**

Thu, Dec. 14 & Tue, Dec. 19  
4:00pm - 5:30pm  
NB Baseball Field  
Contact: dido.balla@nbps.org

### **BOYS MIDDLE SCHOOL BASKETBALL**

Wed, Dec. 6: 3:00pm - 5:00pm  
Fri, Dec. 8: 4:00pm - 5:30pm  
Global Wellness Center Gym  
Contact: casey.wohlleb@nbps.org

*\*The dates and times listed are subject to change. All changes will be noted in our Athletic Newsletters and our NBPS Athletic Website ([www.nbpsathletics.org](http://www.nbpsathletics.org))*

## NB Boys Lacrosse Meeting

Any boys interested in being a part of the Lacrosse Team this Spring must attend a meeting on **Thursday, November 2nd** at 4:00pm in Coach Harreys Room (515) in Lakeside Hall. If you have any questions, please email [Coach Harreys](#).



## NBPS Athletic Highlights

October 17th - October 23rd

### CROSS COUNTRY

The Middle School Cross Country Team competed in their final race of the season this past week. Congrats to all the runners on a great finish to the season and a special shoutout to Jacob Brezin who finished 4th overall.

The Varsity Runners will compete in the 2017 FHSA District Meet this Saturday at 9:00am at St. Andrews. Good Luck to all the runners...let's bring home some hardware!!

### FOOTBALL

The Varsity Football Team travels to Gold Coast Rival Pine Crest this Friday for a 7:00pm game. Good Luck to the Eagles.

### GOLF

Congratulations to the Lady Eagle Golfer Emma Rabinowitz and the Boys Varsity Golf Team (Nick O'Bryan, Zach Orlando, Cameron Baer, Marcus Kallor, Sean Richards & Jacob Wolf) who capped their season off yesterday at the Regional Tournament. A special shoutout to the Boys who shot a 333...looking forward to the future of the program.

### SWIMMING

The Varsity Swim Team competed in the 2017 FHSA District Meet this past Friday. Congratulations to the following swimmers for qualifying to compete in the Regional Meet this Friday at Nova Southeastern University.

Girls 200 Medley Relay Team

Brooke Powell, Alaunte Major, Francesca Smith, Emma Quirk (Alt- Christina Saiger)

Girls 200 Yard Freestyle - Francesca Smith

Boys 200 Yard IM - Ethan DiEgidio

Boys 100 Yard Butterfly - Maxwell Myerson

Boys 200 Yard Freestyle Relay Team

Maxwell Myerson, Ethan DiEgidio, Kevin Powell, Nick Kazma (Alt- James Decker)

Girls 100 Yard Backstroke - Brooke Powell

Boys 100 Yard Breaststroke - Ethan DiEgidio



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