



Athletics Newsletter



Team of the Week - JV (BLUE) Golf

The Junior Varsity (BLUE) Golf Team has been on a roll. The Eagles have earned two convincing wins this past week. They hosted St. Andrews School last Wednesday defeating the Scots 171 - 192. The Eagles then traveled north yesterday taking on American Heritage Delray at Winston Trails and came home with another victory, defeating the Stallions 178 - 213. The JV BLUE Team have shown they can post some competitive scores this year...so be on the look out as they hit the course again this Thursday when they take on Oxbridge Academy at PGA National.

NB Athletes of the Week



Logan "Light Em Up" Shooster (11th Gr - Varsity Football)

This week's male high school Athlete of the Week goes "Light Em Up" Logan Shooster! "Light Em Up," "lit up" the Pompano Beach defense on Homecoming last Friday while leading the Eagles to a 53-28 win. "Light Em Up" shredded the Tornados by going 9-15 through the air for 253 yards and 4 touchdowns!



Zoe "Proficient" Plotkin (9th Grade - Junior Varsity Volleyball)

This week's female high school Athlete of the Week goes to Zoe "Proficient" Plotkin. "Proficient" Plotkin helped lead the Lady Eagles JV Volleyball squad over the few matches in assists, digs, and passing. Her "proficiency" led the team in a 3-set battle on Tuesday against American Heritage Delray and looks to be on display tomorrow as the Lady Eagles host St. Andrews.



"Justified" Jaden Gold (8th Grade - MS Football)

This week's male middle school Athlete of the Week goes to "Justified" Jaden Gold! "Justified" Jaden cemented his place as one the MS Football team's top offensive weapons in their game against Pine Crest last Wednesday by hauling in 5 receptions for 80 yards and a touchdown. "Justified" will look to keep the improving Eagles on track when host Calvary Christian this afternoon.



Caroline Dooner (8th Grade - MS Volleyball)

This week's female middle school Athlete of the Week goes to Caroline "Dynamite" Dooner. "Dynamite" came out with a bang on Monday leading her team with 9 service points in a close battle with St. Jude School. Caroline "Dynamite" Dooner not only "lit up" the court with her serves but she also "sparked" the defensive fuse for the Lady Eagles. Great work Caroline!

2016 - 2017 Winter Sports Tryout/Start Dates

GIRLS VARSITY SOCCER

Mon, Oct. 10th & Tue, Oct. 11th

4:00pm - 5:45pm

NB Back Field

Contact: [Tricia Amrhein](#)

BOYS VARSITY/JV SOCCER

Mon, Oct. 17th & Tue, Oct. 18th

4:00pm - 5:45pm

NB Back Field

Contact: [Diego Cardona](#)

BOYS MIDDLE SCHOOL SOCCER

Wed, Oct. 19th: 3:00pm - 4:30pm

Fri, Oct. 21st: 4:00pm - 5:30pm

NB Back Field

Contact: [Dido Balla](#)

GIRLS MIDDLE SCHOOL SOCCER

Mon, Dec. 12th: 4:00pm - 5:30pm

Wed, Dec. 14th: 3:00pm - 4:30pm

NB Back Field

Contact: [Dido Balla](#)

GIRLS VARSITY BASKETBALL

Mon, Oct. 24th & Tue, Oct. 25th

5:30pm - 7:30pm

NB Coconut Creek Gym

Contact: [Shelbie Palmer](#)

BOYS VAR/JV/9TH BASKETBALL

Mon, Oct. 31st & Tue, Nov. 1st

4:00pm - 6:00pm

NB Coconut Creek Gym

Contact: [Casey Wohlleb](#)

GIRLS MIDDLE SCHOOL BASKETBALL

Tue, Oct. 18th: 4:00pm - 5:30pm

Wed, Oct. 19th: 3:00pm - 4:30pm

NB Coconut Creek Gym

Contact: [Patty Palermo](#)

BOYS MIDDLE SCHOOL BASKETBALL

Wed, Dec. 7th: 3:00pm - 4:30pm

Thur, Dec. 8th: 3:45pm - 5:15pm

NB Coconut Creek Gym

Contact: [Casey Wohlleb](#)

VARSITY CHEER

(Basketball & Competition Team)

Mon, Oct. 17th: 4:00pm - 5:30pm

Wed, Oct. 19th: 3:00pm - 4:30pm

Meet on Le Cafe Patio

Contact: [Michelle Henne](#)



GLOBAL GAMES
North America 2016

FINAL CALL..Registration Closes Friday!

Middle School students don't miss out on the fun...Register Now!

This will be an exciting trip full of fun and athletic competition. Students will have an opportunity to compete against our affiliated schools across North America and build friendships that will last a lifetime. Off the field/court you will have the opportunity to visit some of the best attractions and amusement parks in Orlando, including Disney's Very Merry Christmas and Universal's Island of Adventure. Registration is due by Friday, September 30th. [REGISTER HERE](#) If you have any questions, please email Middle School Athletic Director, [Brian Campbell](#).

Golf & Cheer Give Back to the Community



NB GOLF - SPECIAL OLYMPICS COMMUNITY SERVICE PROJECT

On Saturday, September 24th members of the North Broward Prep golf teams volunteered at the Special Olympics Broward Bowling Tournament at Strikers Lanes in Sunrise.

This is the third straight year the Eagles have assisted with this event, which is a qualifier for the state tournament. The student-athletes helped the bowlers with order of play, which lane they were to bowl on, and also cheered them on as they made strikes and spares. They also filled out the official score cards for the athletes.

"This is the third straight year we've done this event, and the kids get a great boost from helping these amazing Special Olympics athletes," said boys golf coach Ross Devonport. "It's very uplifting to see the joy both sets of athletes get from the interaction."



NB CHEER - WALK TO DEFEAT ALS

The NBP Varsity Cheerleaders participated in their second annual Miami-Dade Walk to Defeat ALS on Saturday, September 24th at Bayfront Park. The ladies helped kick-off the event by leading the crowd in cheers and warm-ups, and supported the participants as they began their journey to help raise awareness and SLAM ALS. They have been actively involved with the ALS organization for the past year, joining forces with the NBP football and dance teams to create a video for the global online challenge, SLAM ALS, to help promote ALS Awareness Month. The ladies will once again Rep the Prep when they kick-off both the Broward and Palm Beach ALS walks in early 2017.

Boys Volleyball Informational Meeting

Any Boys (9th - 12th) grade interested in playing Volleyball for North Broward Prep this Spring must attend. The meeting will be held on Wednesday, October 5th 2016 at Le Cafe at 3:00pm.



Athletic Highlights (September 21st - 27th)

NB CROSS COUNTRY

The Boys and Girls Cross Country Teams took part in the 2016 Pine Crest Invitational this past week. The event consisted of over 53 schools and 1,200 athletes. Congrats to the Lady Eagles who earned a 4th place finish out of 23 girls teams and to the Eagles as well for finishing 13th out of 31 teams. Both teams will now travel to Titusville, FL this Saturday as they take part in the 2016 FLRunners.com Invitational. Good Luck to both teams as they compete against many of the top runners in the state.

NB FOOTBALL

The NB Varsity Eagles have improved to a 5-0 record. The Varsity boys started off a bit slow in this past Friday night's Homecoming Game but the Eagles managed to hang in there and still put up some great numbers against the Tornados of Pompano Beach High School taking the win 53 - 28. The Varsity Team will take advantage of the BYE this week and get some well deserved rest before they take the field again on Friday, October 7th when they travel to Westminster Academy in hopes of earning another big League win!

Come out and support your Middle School Football Team today at 4:00pm as they host Calvary Christian at 4:00pm.

NB GOLF

The Lady Eagles hosts Archbishop McCarthy tomorrow at 3:30pm at Parkland Country Club. Good Luck Girls!

The Boys Varsity Team will travel to Winston Trails tomorrow for a match-up against the Stallions of American Heritage Delray.

The weather finally held up for the JV (GOLD) Team on Monday. The Eagles defeated CS Christian at Parkland Country Club. The GOLD Team hits the course again tomorrow

when they travel to Winston Trails to take on American Heritage Delray.

NB SWIM

Congrats to the Boys Varsity Swim team for improving their record to 2-0. The Eagles defeated Somerset 85 - 55 this past week. Both the Boys and Girls Teams host West Boca High School here at NB on Tuesday, October 4th at 3:30pm.

NB VOLLEYBALL

Be sure to come out to the gym tomorrow to cheer on your Varsity and Junior Varsity Volleyball Teams as they host St. Andrews in an important district match. JV plays at 4:30pm with the Varsity playing immediately after around 5:30pm.

The Middle School A-Team and BLUE Team play their final regular season match of the year today when they travel to Henderson School for 4:00pm & 5:00pm matches. All three teams will then finish off their season this weekend. The MS BLUE & MS GOLD teams will match up against each other this Friday at 4:00pm here in the CC Gym. Then the MS The A-Team will off their season this Saturday as they travel to Doral Academy to take part in the Doral MS Tournament. Congrats to all three teams on a great season...let's finish off strong!



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